



# Joint Health and Wellbeing Board Barnet

Ageing Well

Thursday 9<sup>th</sup> May 2024

# Clinical Leadership insights:

## **Barnet Borough**

- London Borough Partnership
- Ageing Well Steering Group
- Community Ageing Well Service
- Dementia Strategy
- Integrated Neighbourhoods
- Public Health Team: Health Needs Assessment
- Centre for Ageing Well, Barnet Hospital

## **North Central London**

- Pro Active Ageing Well
- Digital Transformation bid to enhance Care Home support (Registered for Nursing)
- Fragility Spinal Fractures
- End of Life Care and Dementia

# London Borough of Barnet

- **Barnet Borough Partnership Context**

**Barnet Population**, growth of 9.2% between 2011 (356,836) and 2021 (389,300).

Predicted growth by 2030 (ONS): Increase to 450.000

65+ age range, increases by 29% to 87,600

75+ years, increases by 11% growth to 2.700

15% Barnet residents 65+

50% of 1+ days, admissions to hospitals are 65+ years

**Nationally:** 50+ years 8.1% frailty in England, predictions vary significantly (Sinclair et al 2021)

# London Borough of Barnet

- **Ageing Well Steering Group**

Multi agency

Anticipatory Care

Resident co production

Long Term Conditions, Frailty

Age Friendly Barnet

- **Community Ageing Well Service**
  - Multidisciplinary team meeting, GPs invited
  - Comprehensive Geriatric Assessment (CGA)
  - One Care Home Team, discussed in a previous HWBB meeting
  - Admiral Nursing Service, carer support and education
  
- **Dementia Strategy, refreshed for 2024 – 2026**
  - Focus in increased awareness of dementia and expanding venues with accredited ‘dementia friendly’ environments, Drawing on Mayor of London framework

- **Integrated Neighbourhoods**

- 4 pilot projects

- Adopting World Health Organisation National Programme for Age Friendly cities and communities

- <https://www.who.int/publications/i/item/9789240068698>

- **Public Health Team**

- Engaged in forthcoming Health Needs Assessment

- **Proposed ‘Centre for Ageing Well’ Barnet Hospital**

Steering Group includes:

- Barnet Borough Partnership
- Age UK Barnet

Appetite for streamlined urgent and emergency care

Avoiding admissions

Out of hospital care

Leader within North Central London

- **ProActive Ageing Well Group**

June 2023 - 20 care homes **registered for nursing supporting older people**, reduced from pre pandemic levels (43% of 47 across 5 boroughs of NCL)

23 – 24 Enhanced Health in Care Homes (EHCH) - digital\*, upskilling, training and education, Wellbeing Bus

24 -25 carer support (paid and unpaid), social care nursing, EHCH

\* recognised in a UN report on healthy ageing as a model of best practice. [Using technology to improve outcomes for care home residents and staff during COVID-19, United Kingdom \(decadeofhealthyageing.org\)](https://www.decadeofhealthyageing.org/)

- **End of Life Care in Dementia, education**
- **Care of those following Spinal and Fragility Fractures**



# References

Census Office for National Statistics

[Census - Office for National Statistics \(ons.gov.uk\)](https://ons.gov.uk)

Barnet Growth Strategy 2020 - 2030:

[Appendix 1 - Growth Strategy.pdf \(modern.gov.co.uk\)](https://modern.gov.co.uk/moderngov/appendix-1-growth-strategy.pdf)

The Barnet Joint Health and Wellbeing Strategy 2021 – 2025:

[Joint Health and Wellbeing Strategy 2021 to 2025 | Barnet Council](https://www.barnet.gov.uk/health-and-wellbeing-strategy-2021-to-2025/)

Sinclair DR, Maharani A, Chandola T, Bower P, Hanratty B, Nazroo J, O'Neill TW, Tampubolon G, Todd C, Wittenberg R, Matthews FE and Pendleton N, The Journal of Frailty and Ageing 2021

[Frailty among Older Adults and Its Distribution in England | The Journal of Frailty & Aging \(springer.com\)](https://www.springer.com/journal/11136)



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